

# 2 LADRAM BAY AND RIVER OTTER



This walk takes 1 to 4 hours



There is a wealth of wildlife, history and culture to be discovered along the River Otter, so keep your eyes open. If you wish to cycle, the NCN route 2 links Otterton to Budleigh and then onto Exmouth along the old railway, but remember no cycling on footpaths.

**Otterton.** Look out for the characteristic architecture of Mark Rolle, signed with his initials. Note the rounded edges of brickwork to farm entrances that prevent livestock getting injured.

**Ladram Bay.** 225 million year old sandstone, laid down when Devon was more like a desert and near the equator! Early rhynchosaur dinosaurs have been found in these rocks! Wonderful stack features are formed by the wave erosion eating away at weaknesses in the stone.

**Otter Estuary.** This was once a busy trading point in the 15<sup>th</sup> century, called Bodelie Haven, until the pebble ridge blocked the river entrance. Now saltmarsh, mudflats and grazing marsh attract a wide variety of bird to this nature reserve, managed by the Pebblebed Heath Conservation Trust.

## Looking for fun and healthy outdoor activities?



Our guide offers you a taster of how to make the best of our great outdoors, for all ages and for all abilities.

### Accessibility at heart

By providing you with information on path condition or barriers, this guide allows you to decide on which parts of the following five adventure trails best meets your needs and how long you want your adventure to last. The below symbols indicate that an area is accessible for:



Pushchair



Bike



Wheelchair



Mobility scooter



Level flat surface with resting places



Natural surface, kissing gates, no steps/stiles



Natural surface, varying gradients, gate on route



No stiles, up to five steps in a flight with a hand rail



More difficult terrain



Historic feature



Slope



Livestock



Parking



Cafe



Traffic



Toilets



Pub



Seating



Viewpoint

## TIPS FOR A GREAT, AND SAFE DAY OUT

- ▶ Plan ahead and follow signs
- ▶ Leave gates and property as you find them
- ▶ Protect plants and animals, please take your litter home
- ▶ Keep dogs under close control and on a lead around livestock
- ▶ Be considerate of other people using Rights of Way and those working the land
- ▶ Guard against all risks of fire, especially on heathland sites

## USEFUL INFORMATION

- **For all Rights of Way information** visit [devon.gov.uk/prow](http://devon.gov.uk/prow), or to report a path problem call Devon County Council 0845 1551004.
- **For full map coverage** use O.S. Maps *Explorer 115 Exmouth and Sidmouth* or *Explorer 116 Lyme Regis and Bridport*.
- **Join us on board** for the best views. For public transport information visit [transportdirect.gov.uk](http://transportdirect.gov.uk) or call Traveline 0871 200 2233.
- **If you come by car**, please drive carefully in our villages and our narrow rural roads.
- **Eat the view!** Buying local products and services helps support those businesses that keep the landscape special.